

**WEEK ONE**

# West Pennard Food Festival

6<sup>th</sup> January, 27<sup>th</sup> January, 24<sup>th</sup> February, 17<sup>th</sup> March

**THEME DAYS**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Jacket Potato with Tuna & Vegetables	Beef Pasta Bolognese with Vegetables	Roast Chicken With Roast Potatoes, Veg & Gravy	Hot Dogs with Salad	Battered Fish & Chips with Baked Beans
The Other Stage (vegetarian)	Jacket Potato with Cheese or Baked Beans & Vegetables	Vegetable Bolognese with Vegetables	Nutless Roast Slice with Roast Potatoes, Veg & Gravy	Quorn Hot Dogs with Salad	Mixed Bean Chilli with Rice and Salad
	Sandwiches are available daily with either cheese or ham with white or brown bread				
Shangri-La	Fresh Fruit Salad	Jam and Coconut Sponge	Apple Pie and Custard	Blueberry Steamed Sponge	Chocolate Krispie Cake



All our food is locally sourced, cooked on site and of the highest quality.

**Vegetables and Salad Served Daily**



Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

**WEEK ONE**

# Allergy Information

**THEME DAYS**

Item Name	Allergy Information
Jacket Potato with Tuna & Vegetables	Contains: fish
Jacket Potato with Cheese or Baked Beans & Vegetables	Contains: dairy
Fresh Fruit Salad	Contains: any allergy to specific fruit, please inform the kitchen
Beef Pasta Bolognese with Vegetables	Contains: wheat
Vegetable Bolognese with Vegetables	Contains: wheat
Jam and Coconut Sponge	Contains: wheat, eggs
Roast Chicken With Roast Potatoes, Veg & Gravy	Contains: no allergens
Nutless Roast Slice with Roast Potatoes, Veg & Gravy	Contains: wheat, eggs
Apple Pie & Custard	Contains: dairy, wheat
Hot Dogs with Salad	Contains: wheat, dairy
Quorn Hot Dogs with Salad	Contains: egg, wheat
Blueberry Steamed Sponge	Contains: egg, wheat
Battered Fish & Chips with Baked Beans	Contains: fish, wheat
Mixed Bean Chilli & Rice	Contains: no allergies
Chocolate Krispie Cake	Contains: no allergies
Cheese Sandwich (White Bread)	Contains: wheat, dairy
Cheese Sandwich (Brown Bread)	Contains: wheat, dairy
Ham Sandwich (White Bread)	Contains: wheat
Ham Sandwich (Brown Bread)	Contains: wheat



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▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

**WEEK TWO**

# West Pennard Food Festival

13<sup>th</sup> January, 3<sup>rd</sup> February, 3<sup>rd</sup> March, 24<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Pepperoni Pizza with Baked Beans or Salad	Pork Meatballs & Pasta With Vegetables	Root Veg Mash Cottage Pie & Vegetables	Chicken Burger With Salad	Fishy Bites, Chips & Peas
The Other Stage (vegetarian)	Margarita Pizza with Baked Beans or Salad	Meat Free Sausage Pasta with Vegetables	Root Veg Mash Vegetarian Cottage Pie & Vegetables	Meat Free Chicken Burger with Salad	Vegan Nuggets and Chips & Peas
	V	V	V	V	V
	Pasta is available daily with either Cheese / Tomato / Tuna				
Shangri-La	Fruit & Frozen Yogurt	Retro School Dinner Sprinkle Cake	Fruity Delight	Steamed Chocolate Sponge with Chocolate Custard	Fruit Crumble and Custard

Vegetables and Salad Served Daily



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▲ Meat    V Veggie    ◆ Jacket Potato    ■ Packed Lunch

## THEME DAYS



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**WEEK TWO**

# Allergy Information

Item Name	Allergy Information
Pepperoni Pizza with Baked Beans or Salad	Contains: wheat, dairy
Margarita Pizza with Baked Beans or Salad	Contains: wheat, dairy
Fruit & Frozen Yogurt	Contains: dairy, any allergy to specific fruit, please inform the kitchen
Pork Meatballs & Pasta with Vegetables	Contains: wheat, egg
Meat Free Sausage Pasta with Vegetables	Contains: wheat, soya
Retro School Dinner Sprinkle Cake	Contains: dairy, wheat, eggs
Root Veg Mash Cottage Pie & Vegetables	Contains: dairy
Root Veg Mash Vegetarian Cottage Pie & Vegetables	Contains: dairy
Fruity Delight	Contains: dairy
Chicken Burger With Salad	Contains: wheat, celery, cereals containing Gluten
Meat Free Chicken Burger with Salad	Contains: wheat, soy
Steamed Chocolate Sponge with Chocolate Custard	Contains: wheat, eggs, dairy
Fishy Bites, Chips & Peas	Contains: wheat, fish
Vegan Nuggets and Chips	Contains: wheat, mycoprotien
Fruit Crumble & Custard	Contains: dairy
Pasta with Cheese	Contains: wheat, dairy
Pasta with Tomato	Contains: wheat
Pasta with Tuna	Contains: wheat, fish

**THEME DAYS**



**Vegetables and Salad Served Daily**



▲ Meat   
 ▼ Veggie   
 ◆ Jacket Potato   
 ■ Packed Lunch

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**WEEK THREE**

# West Pennard Food Festival

20<sup>th</sup> January, 10<sup>th</sup> February, 10<sup>th</sup> March, 31<sup>st</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Pasta with Cheese/Tomato and Salad	Chicken & Leek Pie with Vegetables	Gammon with Roast Potatoes, Carrots, Peas & Gravy	Beef Burgers & Salad	Fish Fingers or Salmon Fishcake, Chips & Beans
The Other Stage (vegetarian)	Pesto Pasta and Salad	Bean Buster with Vegetables	Quorn Roast with Roast Potatoes, carrots, Peas & Gravy	Veggie Burgers & Salad	Veg Fish Fingers, Chips & Baked Beans
	v	v	v	v	v
	Jacket Potatoes are available daily with either Cheese, Beans or Tuna				
Shangri-La	Fruit Yogurt	Steamed Sultana Sponge & Custard	Jelly & Ice Cream	Chocolate & Pear Upside Down Cake	Flapjack

**THEME DAYS**



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**WEEK THREE**

# Allergy Information

Item Name	Allergy Information
Pasta with Cheese/Tomato	Contains: wheat, dairy
Pesto Pasta	Contains: wheat, dairy
Fruit Yogurt	Contains: dairy
Chicken & Leek Pie with Vegetables	Contains: wheat
Bean Buster with Vegetables	Contains: wheat, dairy
Steamed Sultana Sponge & Custard	Contains: wheat, eggs, dairy
Gammon with Roast Potatoes, Carrots, Peas & Gravy	Contains: No Allergens
Quorn Roast with Roast Potatoes, Carrots, Peas & Gravy	Contains: egg, dairy
Jelly & Ice Cream	Contains: dairy
Beef Burgers & Salad	Contains: wheat
Veggie Burgers & Salad	Contains: wheat
Chocolate & Pear Upside Down Cake	Contains: wheat, eggs
Fish Fingers or Salmon Fishcake, Chips & Beans	Contains: wheat, fish
Veg Fish Fingers, Chips & Baked Beans	Contains: wheat
Flapjack	Contains: oats
Jacket Potato with Cheese	Contains: dairy
Jacket Potato with Beans	Contains: No Allergens
Jacket Potato with Tuna	Contains: fish

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