

WEEK ONE

West Pennard Food Festival

2nd September, 23rd September, 14th October

THEME DAYS

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Chicken & Sweetcorn Pizza	Beef Pasta Bolognese with Vegetables	Roast Chicken With Roast Potatoes, Veg & Gravy	Mr Wheat's Hot Dogs/Jumping Frog's with Salad	Battered Fish & Chips with Baked Beans
The Other Stage (vegetarian)	Margherita Pizza	Mandy's Marvellous Peasgetti & Salad	Nutless Roast Slice with Roast Potatoes, Veg & Gravy	Vegetarian Hot Dogs with Salad	Beany Wraps
	Sandwiches are available daily with either cheese or ham with white or brown bread				
Shangri-La	Sunshine Fruit Salad	Victoria Sponge Fingers	Cheese Cake	(The Jumping Frog's) Cupcakes	Peach Melba



All our food is locally sourced, cooked on site and of the highest quality.



Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

WEEK ONE

Allergy Information

THEME DAYS

Item Name	Allergy Information
Chicken & Sweetcorn Pizza	Contains: wheat, dairy, eggs
Margherita Pizza	Contains: wheat, dairy, eggs
Sunshine Fruit Salad	Contains: no allergens
Beef Pasta Bolognese with Vegetables	Contains: wheat
Mandy's Marvellous Peasgetti & Salad	Contains: wheat, dairy, mustard
Victoria Sponge Fingers	Contains: wheat, eggs
Roast Chicken With Roast Potatoes, Veg & Gravy	Contains: no allergens
Nutless Roast Slice with Roast Potatoes, Veg & Gravy	Contains: cereals containing gluten, wheat, eggs
Cheese Cake	Contains: cereals containing gluten, egg, soybean products, milk, wheat, rye, barely, oats
Mr Wheat's Hot Dogs/Jumping Frog's with Salad	Contains: wheat, milk
Vegetarian Hot Dogs with Salad (The Jumping Frog's)	Contains: egg, wheat
Cupcakes	Contains: egg, wheat, dairy
Battered Fish & Chips with Baked Beans	Contains: fish, wheat
Beany Wraps	Contains: wheat, dairy
Peach Melba	Contains: dairy
Cheese Sandwich (White Bread)	Contains: wheat, dairy
Cheese Sandwich (Brown Bread)	Contains: wheat, dairy
Ham Sandwich (White Bread)	Contains: wheat
Ham Sandwich (Brown Bread)	Contains: wheat



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▲ Meat
▼ Veggie
◆ Jacket Potato
■ Packed Lunch

WEEK TWO

West Pennard Food Festival

9th September, 30th September, 21st October

THEME DAYS



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Pepperoni Pinwheel Pizzas with Salad	Chipolatas with Mrs Rew's Rainbow Cous Cous	Husker's Chicken & Chorizo Pasta Bake & Veg	Chicken Burger With Salad	Ryan's Cheesey Nachos & Salad
The Other Stage (vegetarian)	Pesto Pinwheel Pizzas with Salad <small>V</small>	Meat Free Sausages with Mrs Rew's Rainbow Cous Cous <small>V</small>	Cheese Salad Baguette <small>V</small>	Meat Free Chicken Burger with Salad <small>V</small>	Vegan Nuggets and Chips <small>V</small>
Pasta is available daily with either Cheese / Tomato / Tuna <small>■</small>					
Shangri-La	Fresh Fruit & Frozen Yogurt	Chocolate Sponge Fingers	Scones & Jam	Strawberry Cupcakes	Banana Custard



Wholemeal bread and fresh fruit is available daily. All gravy is vegetarian.

▲ Meat ∇ Veggie ◆ Jacket Potato ■ Packed Lunch

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WEEK TWO

Allergy Information

Item Name	Allergy Information
Pepperoni Pinwheel Pizzas with Salad	Contains: wheat, dairy
Pesto Pinwheel Pizzas with Salad	Contains: wheat, dairy
Fresh Fruit & Frozen Yogurt	Contains: dairy
Chipolatas with Mrs Rew's Rainbow Cous Cous	Contains: wheat
Meat Free Sausages with Mrs Rew's Rainbow Cous Cous	Contains: wheat
Chocolate Sponge Fingers	Contains: dairy
Husker's Chicken & Chorizo Pasta Bake & Veg	Contains: wheat, dairy
Cheese Salad Baguette	Contains: wheat, dairy
Scones & Jam	Contains: wheat
Chicken Burger With Salad	Contains: wheat, celery
Meat Free Chicken Burger with Salad	Contains: wheat, soy
Strawberry Cupcakes	Contains: wheat, eggs, strawberries
Ryan's Cheesey Nachos & Salad	Contains: wheat, dairy
Vegan Nuggets and Chips	Contains: soybean, mustard
Banana Custard	Contains: dairy
Pasta with Cheese	Contains: wheat, dairy
Pasta with Tomato	Contains: wheat
Pasta with Tuna	Contains: wheat, fish

THEME DAYS



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▲ Meat
▼ Veggie
◆ Jacket Potato
■ Packed Lunch

WEEK THREE

West Pennard Food Festival

16th September, 7th October

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Stage	Pasta with Cheese/Tomato	Sue's Stupendous Sausage Rolls with salad	Rachel's Orange Pork with Rice	Beef Burgers & Salad	Fish Fingers or Salmon Fishcake, Chips & Beans
The Other Stage (vegetarian)	Mrs Catley's Pesto Pasta	Vegetarian sausage Rolls with Salad	Vegetable & Lentil Burrito	Veggie Burgers & Salad	Veg Fish Fingers, Chips & Baked Beans
	v	v	v	v	v
	Jacket Potatoes are available daily with either Cheese, Beans or Tuna				
Shangri-La	Fruit Yogurt	Lemon Sponge Fingers	Jelly & Ice Cream	Tropical Cupcakes	Fruity Oaty Bars

THEME DAYS



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▲ Meat v Veggie ◆ Jacket Potato ■ Packed Lunch

WEEK THREE

Allergy Information

Item Name	Allergy Information
Pasta with Cheese/Tomato	Contains: wheat, dairy
Mrs Catley's Pesto Pasta	Contains: wheat, dairy
Fruit Yogurt	Contains: dairy
Sue's Stupendous Sausage Rolls with salad	Contains: wheat
Vegetarian sausage Rolls with Salad	Contains: wheat
Lemon Sponge Fingers	Contains: wheat, eggs
Rachel's Orange Pork with Rice	Contains: wheat, dairy
Vegetable & Lentil Burritto	Contains: wheat
Jelly & Ice Cream	Contains: dairy
Beef Burgers & Salad	Contains: wheat
Veggie Burgers & Salad	Contains: wheat
Tropical Cupcakes	Contains: wheat, eggs
Fish Fingers or Salmon Fishcake, Chips & Beans	Contains: wheat, fish
Veg Fish Fingers, Chips & Baked Beans	Contains: wheat
Fruity Oaty Bars	Contains: wheat, oats
Jacket Potatoe with Cheese	Contains: dairy
Jacket Potato with Beans	Contains: No Allegens
Jacket Potato with Tuna	Contains: fish

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